



CE/CME Information Packet

EMDR Comprehensive Training Part 3: Transforming Trauma with EMDR Advanced Clinical Workshop and Refresher Course Laurel Parnell, PhD January 24-28, 2018

This course is approved for 27.25 CE/CME credit hours. There is a \$60 fee payable to the New York Open Center to participate for CE/CME hours and the deadline for payment is the first day of class: 1/11/18. Call 212-219-2527 x2 to make payment. The New York Open Center partners with IBH to offer continuing education hours for this workshop.

General Instructions/Requirements for CE/CME Participants

- Please review the contents of this packet before the course begins. It contains important information regarding your continuing education credit.
- You must attend the course in full and complete a course evaluation in order to receive CE credit. No partial credit will be awarded.
- Please sign in and out each day. If you do not sign both in and out, you will not be eligible to receive credit.

Disclosure of relevant financial relationships:

The Institute for Better Health, Inc. is responsible for the content, quality and scientific integrity of all CE/CME activities certified for credit. When an educational activity is offered for medical (CME), Nursing (ANCC) and/or Psychology (APA) continuing education credit, participants must be informed as to the source, amount, nature, and disposition of any funding used to support the activity, whether in the form of educational grants, cash contributions, or in-kind contributions.

Individuals in a position to influence course content must also disclose whether they have one or more relevant financial relationships with individuals and companies who have a financial interest in activity content.

All those in a position to control the content of an education activity are asked to disclose any relevant financial relationships they have with any commercial interest.

Laurel Parnell, PhD, has no relevant financial relationships.

Learning Objectives

Through lecture, hands-on practice, and demonstrations, attendees will be able to:

- determine the complexity of a case
- use EMDR with complex cases
- Identify targets for therapy session
- develop targets using the bridging technique
- describe the advanced use of interweaves
- determine when to employ interweaves for blocked processing
- employ interweaves for blocked processing
- use EMDR with dissociation, abreactions and memory chaining
- use EMDR with adults abused as children
- determine if client has medical procedure trauma
- use EMDR for clients with medical procedure trauma
- apply EMDR for grief and loss
- apply EMDR to clients with somatic disorders
- describe and discuss EMDR as a transpersonal psychotherapy
- use Resource development and installation in cases of challenging current life situations, blocked beliefs or for performance enhancement

Target Audience

This course is designed for licensed Mental Health Professionals who have completed EMDR Parts 1 & 2 or an equivalent EMDRIA approved training and have at least 10 hours of clinical practice using EMDR. This course is designed for attendees with an advanced knowledge level in this field.

Prior to registration, participants must submit a copy of their license in order to gain admittance to the program and provide proof that their completion of EMDR Parts 1 & 2 occurred three or more months prior to the beginning date of Part 3.

Please Note: This advanced workshop includes descriptions, videotapes, audiotapes, and/or reenactments of actual therapy sessions. Some of the case material may contain graphic descriptions of violence, sexual activity, or other content which could be disturbing, especially to participant who themselves have had similar experiences. The workshop is intended for healthy professionals and advanced students, who participate in at their own risk. If you find portions of the program upsetting, or if you need assistance for any other reason, please notify the instructor or program coordinator.

CE/CME Information

This course is approved for 27.25 CE/CME credit hours

Institute for Better Health (IBH), formerly IAHB, has been approved as a provider of continuing education and continuing medical education by the organizations listed below. IBH as the approved sponsor maintains responsibility for the educational activity offered and for following the standards and regulations for the organizations listed above (except where otherwise noted).

COUNSELORS: Institute for the Advancement of Human Behavior, Inc. (IAHB) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. Counselors may earn 27.25 contact hours. IBH is approved by the State of Illinois Department of Professional Regulation (License #168-000119). IBH has been approved by the Texas Board of Examiners of Marriage and Family Therapists to provide CE offerings for MFTs. Provider Number 154. CA state counselors are covered for course approval by reciprocity with other national organizations listed on this form.

This activity consists of 27.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Many state boards accept offerings accredited by national or other state organizations listed here. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted.

NURSES: Institute for Better Health accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Provider approved by the CA Board of Registered Nursing (BRN Provider CEP#2672) for 27.25 CEH's.

PHYSICIANS: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for Better Health and the NY Open Center. IBH is accredited by the ACCME to provide continuing medical education for physicians. IBH designates this live activity for a maximum of 27.25 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: IBH is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. IBH maintains responsibility for this program and its content.

SOCIAL WORKERS: Institute for Better Health SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0091. This course is approved for 27.25 contact hours. IBH has been approved by the State of Texas Board of Social Work Examiners, MC 1982, PO BOX 149347, Austin, TX 78714 (512)719-3521, to provide continuing education activities for social workers. License No. 3876. Institute for Better Health, #1426, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Institute for Better Health maintains responsibility for the program. ASWB Approval Period: 3/16/2017 – 3/16/2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 27.25 clinical continuing education clock hours.

Note: Many state boards accept offerings accredited by national or other state organizations. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted. No partial credit will be awarded. You must attend each day in full in order to receive CE/CME credit for this course.