



# SOUND AND MUSIC INSTITUTE (SMI)

## CERTIFICATE TRAINING

### WHAT IS THE SMI CERTIFICATE TRAINING?

After completing the Sound and Music Institute Certificate Training, students are better equipped to serve as practitioners, specialists, interns or members of a multidisciplinary treatment team within a health center or a community agency, as well as in a private healing or counseling practice and in creative performance.

#### Why study sound, voice & music in the healing arts?

Since the beginning of time, every spiritual tradition has used sound for healing. Sound supports the process of transforming energy patterns, reveals measurable effects in the physical body and facilitates the connection between mind-body-spirit.

The field of sound and music healing is rapidly gaining recognition as an essential component of health care in our society. Many physicians, acupuncturists, naturopaths, chiropractors, massage therapists and psychotherapists have integrated sound and music into their practice.

### ABOUT THIS CERTIFICATE TRAINING

The Open Center's Integrative Sound and Music Institute (SMI) certificate program is a leading comprehensive multicultural, multi-disciplinary and highly experiential certificate training training around the therapeutic power of sound, music and voice to transform consciousness and improve well-being for the mind, body and spirit.

This is a nine-month, 130-hour hands-on learning experience covering techniques from indigenous cultural practices to modern scientific approaches. Sessions will focus on giving students direct, first-hand experience into sound healing practices and applications with the intent of developing and maintaining a sound practice of their own as well as professional enrichment. The Integrative Sound & Music Certificate Training Program is open to anyone; no previous experience in music and sound work is required.

# SMI FACILITATOR



Grammy® nominated composer **Silvia Nakkach** has been an exhilarating and unique bridge between American and South Asian musical traditions for over 30 years. A several times award-winning composer, sound designer, and a former psychotherapist, she is recognized internationally as a leading authority in the field of sound healing and the implementation of music to convey expanded states of consciousness.

As lead teacher and SMI facilitator, Silvia will offer student support and develop assignments, including mid-terms and finals. The facilitator will be available for mentorship as well as creating opportunities for creative collaborations — including music gatherings and study groups.

**SILVIA NAKKACH, MA, MTT**  
*Facilitator  
& SMI Faculty*



## CLASSES INCLUDED IN THIS TRAINING

### 2020

- Free Your Voice: A Sound Journey from Shamans to Modern Healers- Silvia Nakkach, MMT
- Human Tune In™ | John Beaulieu, PhD
- Biosonics Sound Healing | John Beaulieu, PhD
- Student Clinic | John Beaulieu, PhD
- The Process of Alignment | Rick Jarow, PhD
- Building a Vocal Community: The Power of Song in Community | Ysaye Barnwell, PhD

### 2021

- Clinical Improvisation | Alan Turry, DA, MT-BC
- Sound Meditation | Thomas Amelio
- Cross-cultural Healing Music Applications in Western Healthcare | Pat Moffit Cook, PhD
- Your Rhythm, Your Life: Groove Tools for Mind-Body-Spirit | Glen Velez & Loire Cotler
- Voice, Sound & Music Tools: How to Build a Successful Practice | Silvia Nakkach, MMT
- Integration Day Clinic | Silvia Nakkach, MMT
- Practicum and Protocols | John Beaulieu, PhD
- Capstone Weekend

# AREAS OF CONCENTRATION

Sound, voice, rhythm and music healing modalities: fundamentals, wellness practices and creative inquiry

The principles of modern sound healing artistry

Psychoacoustic Science: sound tools (tuning forks, singing bowls and gongs) and therapies

Sacred sound and cross-cultural music healing practices and vocal cultures

Professional Applications: sound healing practicum and practitioner tool kit

Sound's ability to make profound positive changes to the body

Auditory stimulation practices

The therapeutic and esoteric properties of sound from western scientific, eastern philosophical, and shamanic belief systems

# WHAT CAN ONE DO WITH THE SMI CERTIFICATION?

SMI students are better equipped to serve as practitioners and specialists, as well as in a private healing or counseling practice or in creative performance. Among the many clinical and wellness settings where there is a growing need for people with a background in sound and music healing are:

- Psychiatric Hospitals
- Rehabilitation Facilities
- Mental Health Clinics
- Outpatient Facilities
- Substance Abuse Programs
- Facilities for People with Developmental Disabilities
- Bodywork Clinics
- Yoga Studios
- Geriatric Centers
- Correctional Institutions
- Hospice Programs
- Children's Health Centers
- Acupuncture and Alternative Medicine Centers

# FEATURED FACULTY



**GLEN VELEZ**

Four-time Grammy winning master drummer, founding father of the modern frame drum movement and Percussive Arts Society Hall of Fame Inductee.



**JOHN BEAULIEU,  
ND, PhD**

One of the foremost philosophers and major innovators in the area of sound healing therapies, including the famous technique, BioSonic Repatterning™.



**YSAYE  
BARNWELL, PhD**

Prolific composer and conducts workshops around the world. President Obama nominated Ysaye as a member of the National Council on the Arts.



**PAT MOFFITT  
COOK, PhD**

Author & producer of the book and CD entitled *Music Healers of Indigenous Cultures: Shaman, Jhankri and Nele* (Ellipsis Arts; Open Ear Press).



**LOIRE  
COTLER, MMT**

Critically acclaimed Rhythm Vocalist and Music Therapist dedicated to the healing power of music and a mission to show the world the rhythmic power of the voice.

# FEATURED FACULTY



**ALAN TURRY**  
DA, MT-BC, LCAT

Dr. Turry is the managing director of the Nordoff-Robbins Center for Music Therapy at NYU's Steinhart School.



**PETR JANATA**  
PH.D

Professor at UC Davis researching how brain mechanisms of expectation, imagery, sensorimotor coupling, memory and emotion support strong experiences with music.



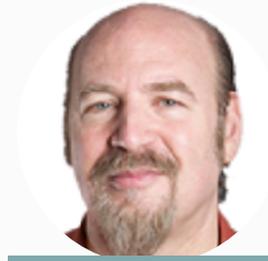
**TENZIN WANGYAL**  
RINPOCHE

Teacher of the Bon Tibetan religious tradition. He is founder and director of the Ligmincha Institute and several Chamma Ling centers.



**THOMAS**  
**AMELIO**

He is a founding member and senior teacher at Kripalu Center for Yoga & Health and is President Emeritus of The New York Open Center.



**E.H. RICK**  
**JAROW, PH.D**

In the last few years, Rick's work has centered around the art and science of manifestation, as offered in his book and workshop, *The Alchemy of Abundance*.

## What you'll need for this course:

- Prerequisites: No previous experience in music and sound work is required for this training.
- Supplies list for the class: A list will be emailed to participants prior to the course start date.
- Zoom software requirements: This is an online course which requires Zoom webinar software. Zoom is easy to use. [Click Here](#) to make sure your computer is set-up correctly.

**CERTIFICATION:** A certificate of completion is offered to those who meet the program requirements.

**LOCATION:** All courses will be facilitated digitally, with in-person meeting subject to COVID-19 regulations.

### CERTIFICATE TRAINING DETAILS:

- 9-Months, 130-Hours
- October 2020–June 2021
- Course #

**PAYMENT PLAN:** 20FHH55SA

**Early Bird Price: \$2,495** \*Expires 9/25/2020

**Full Payment: \$2,695**

**Payment Plan: \$3,195** \*Call for more info

### EARLY BIRD RATE:

\$2,695 by September 4th Course #TBD

REGISTER AT [OPENCENTER.ORG](https://opencenter.org) OR CALL: 212.219.2527 x2.