

INTEGRATIVE THANATOLOGY CERTIFICATE PROGRAM
2019
BONUS MATERIAL
END OF LIFE
UNIVERSITY

Art of Dying Institute and the End of Life University have collaborated to bring our 2019 Certificate students the following bonuses:

Titles and Descriptions for BONUS Podcasts:

1. Compassion and Choices with Arline Hinckley:

Dr. Karen Wyatt and her special guest Arline Hinckley, Secretary of the Board and Client Support Volunteer for Compassion and Choices of Washington, discuss the Death With Dignity laws that are currently in effect in Washington and Oregon and under consideration in several other states across the country.

You will learn:

- Why physician assisted "suicide" is not considered an accurate term
- The end-of-life options offered to patients during a consultation with Compassion and Choices
- The process patients must follow to utilize the Death With Dignity law
- The statistics for Washington: how many people actually seek assistance with dying and how many follow through
- How Death With Dignity laws can offer peace and reassurance to dying patients

2. Hospice Care for Our Animal Companions with Holistic Veterinarian Ella Bittel:

Dr. Karen Wyatt and her special guest, Holistic Veterinarian Ella Bittel, Founder of Spirits in Transition, discuss how to care for aging and ill pets at home so that they can fully live out their natural lives.

In this interview you will learn:

- What it takes to give hospice care to an animal family member including dogs and cats
- How we can create conditions to allow for a peaceful hospice assisted natural death of our pet

INTEGRATIVE THANATOLOGY CERTIFICATE PROGRAM

2019

BONUS MATERIAL

- How you can prepare so that giving hospice care to your animal becomes an option

3. Suicide: Surviving the Aftermath

An 8-part series by Dr. Karen Wyatt to tell the story of her long journey of healing after her father's suicide death and her explorations to better understand his life and his death.

This series includes:

- An intimate look at the complicated grief that follows a suicide death
- Statistics about suicide in the U.S.
- Factors from one individual's life that may have contributed to suicide
 - Adverse events in childhood
 - Financial failure
 - Difficult life transitions
 - Loss of purpose and meaning
 - Gun ownership
 - The trauma of war - PTSD
- A healing ritual for complicated grief

About End-of-Life University:

End-of-Life University has been created by Dr. Karen Wyatt to provide information and resources about all aspects of the end of life. Through online interviews, books, courses, and workshops Dr. Wyatt helps people face their fears surrounding death so that they can prepare for what lies ahead and find peace and joy in each moment of life.

To learn more about End-of-Life University, click [here](#)